



Manufactured by Life Force®
Poway, CA 92064, USA
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Intestinal Tone

Product Name: Intestinal Tone, 14 oz. (397 g)

Item No: 111, single canister

Characteristics:

- The highest grade of 100% psyllium fiber
- A blend of 80% husks and 20% seeds
- Ground down to a fine powder

Benefits:

- Promotes bowel regularity
- Excellent source of soluble and insoluble fiber with 5 grams per serving
- Excellent bulking agent
- Intestinal Tone can be used alone or as part of the Colon Cleanse Program

Color: Wheat brown

Flavor/Taste: Flour-like, ground husk taste

Texture: Powder

Suggested Use: Mix one rounded teaspoon in 8-16 ounces of water or your favorite liquid in the morning or evening. Stir briskly and consume immediately.

Servings Per Container: 66

Storage: Room temperature, sheltered from light and moisture.

Shelf Life: When stored as directed and product is kept in its original packaging:

- Unopened – 36 months
- After opening – use within 12 months for best results

Ingredients: Psyllium (husks and seeds)

Note: This food should be mixed with at least one full glass of water. Consuming this product without enough liquid may cause choking. Do not take this product if you have difficulty swallowing.

General: All Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMP Regulations (21 CFR 111).

Keep out of the reach of children. Pregnant or lactating women should consult their healthcare professional prior to use. Satisfaction guaranteed.

Supplement Facts	
Serving Size	1 Rounded Tsp. (6 g)
Servings Per Container	66
Amount Per Serving	% DV
Total Carbohydrate 5 g	2%*
Dietary Fiber 5 g	20%*
Soluble Fiber 4 g	
Insoluble Fiber 1 g	
Psyllium (husks and seeds) 6 g	†
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
† DV not established.	



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

